



# INTERFAITH COMMUNITY CHURCH

1763 NW 62nd Street, Seattle, WA 98107



www.karunamarts.com

*“...Promoting Enduring Daily Interfaith Cooperation...”*

206.783.1618

www.interfaithcommunitychurch.org

APRIL 2009

## Community Gatherings:

- **WE ARE AN ENTIRELY VOLUNTEER COMMUNITY:**  
We welcome your support, contribution and inspiration. Join us in creating sacred community!
- **WORSHIP CELEBRATIONS**  
Sundays at 10:00 AM
- **UNIVERSAL WORSHIP**  
First Sunday at NOON
- **GUIDING COUNCIL**  
will not meet in April
- **COMMUNITY POTLUCK:**  
Third Sunday
- **CORNERSTONE CIRCLE**  
First Sunday in April

*“ALL THINGS SPIRITUAL:” We will offer a small group discussion on all things Spiritual beginning Tuesday, May 5th, 7:30 P.M. Lightly moderated discussions with an emphasis on how Spirituality manifests in our lives. Feelings, ideas, questions, and experiences are welcome. We will meet once a month on the first Tuesday for about an hour or so...*

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## Sunday Morning Worship Celebration begins at 10:00AM

**SUNDAY APRIL 5:**

**Yanadevi Viniko**  
“Dances of Universal Peace ~ from New Age to Now.”  
Yanadevi will share about the origins and the message of the DUP and what ‘dancing the prayers’ means for us today. Dances included!  
Hosted by Steve Crawford.  
*ICC first Sunday worship celebrations exploring diverse spiritual traditions is co-created with Rev. Karen Lindquist, ICC’s Interfaith Worship & Program Coordinator.*

**UNIVERSAL WORSHIP**

with **Cherag Michael Douglas** honors God’s prophets, known and unknown, through prayer, meditation and scripture. First Sundays at NOON in Sanctuary.

**SUNDAY APRIL 12:**

**Rev. Debra Lajimodiene (Raven Spirit)**  
offers meditation and inspired message informed by her Christian upbringing and First Peoples ancestry.  
Today’s worship will be focused upon the Easter holiday.  
*Debra may be reached at: 206.363.4301.*

**No Guiding Council Meeting today.**

**SUNDAY APRIL 19:**

**Jamal Rahman** will be out of town this day. Rev. Karen Lindquist will weave the worship celebration together welcoming, “Nirvana,” for a mystical and magical experience of divine energy through Sanskrit chanting. As we participate in these authentic Sanskrit chants we experience the high states of consciousness shared with Enlightened Masters.

**POTLUCK LUNCHEON**

**SUNDAY APRIL 26:**

“The Shoah, An Interfaith Remembrance” with **Rev. Steven Greenebaum:**  
“April 21st is Holocaust Remembrance Day. Why say Shoah and not Holocaust? What do we remember of the Shoah? What do we want to remember? What do we teach our children?”  
Rev. Steven is available at ICC for private conversation on Tues. April 21st 4-6:30pm. Call for an appointment: 425.778.2152.  
*Discover more about Steven’s interfaith work at: www.livinginterfaith.org.*

## Interspiritual Children’s Classes

**SUNDAY MORNING  
INTERSPIRITUAL  
CHILDREN’S CLASS  
10-11:15am**

The Interfaith Community Church, in collaboration with the Seattle Baha’i community, offer non-denominational children’s classes focused on

- ♥the Oneness of God,
- ♥the Oneness of Religion,
- ♥the Oneness of Mankind.

Our aim is to provide a moral and spiritual education which embraces all faiths and cultures. The curriculum seeks to familiarize the children with the Sacred Texts from a variety of the world’s major religions, to fully involve the child with hands-on activities, and to create an atmosphere of learning through the use of songs, stories, and games. Children ages three through twelve are welcome. If you have questions, please call *Rev Karen Lindquist at 206.783.1618.*

“REFLECTIONS on the LIFE of the SPIRIT” collaborative study offered in the Lavender Room after Sunday morning worship Noon to 1 pm. Facilitator: Bill Griffith. All are welcome!

### Sunday May 3rd

Our First Sunday worship celebration on **Sunday May 3rd** will feature Michael Douglas sharing “**Sufism: Ancient Practices for Contemporary Life.**” The path of Sufism, sometimes defined as the mystical side of Islam, is also heir to the traditions of Zoroastrianism, the Central Asian shamanism and the ancient Mystery schools. We will explore the relevance and application of this wisdom tradition in our daily lives. First Sunday worship celebrations honoring diverse spiritual traditions has been offered since 1998 by Rev. Karen Lindquist, I.C.C.’s Interfaith Worship Program Coordinator, co-founder and co-minister..

### 24 Hour Prayer Vigil Sat. April 11~Sun. April 12

**Beginning at noon on Saturday April 11th through noon on Sunday April 12th, we will be holding a silent prayer vigil in our Sanctuary.**  
**There** are times of the year where the earth’s natural seasons compliment the spiritual experiences of inhabitants. The spring equinox brings forth the energies of beauty, hope and renewal for all to benefit from. These energies aid us in personal healing, planetary healing, transformation and transcendence from our limited inward view of the world to a more expansive outward view. The spring coaxes us out

yet helps us center and become present in the moment to the unfolding beauty unleashed this time of year.  
**As** an interfaith community, we acknowledge the many significant holy days that occur this time of year as celebrated and observed in diverse spiritual traditions. A wonderful resource for exploring these spring observances is the online Interfaith Calendar, [www.interfaithcalendar.org](http://www.interfaithcalendar.org).  
**During** Interfaith Community Church’s 24 hour Prayer Vigil, our **Sanctuary**

*(Continued on page 2)*

This month is our ten year anniversary! We created the “Interfaith Community Church” in April 1999!

## 24 hour Prayer Vigil

(continued from page 1)

will be reserved for contemplative silence. We invite you to sign up for a two hour block of time. This is long enough for you to enter a deep state of prayer, reflection and contemplation ~ yet short enough to not become overwhelmed through the experience. It is our intention to have at least one individual holding silent prayer at all times during this 24 hour period.

The **Lavender Room** will be available for more active forms of prayer and the Consultation Room for private conversation.

The **Fellowship Hall** will host some important sacred activities: Linda Stern will guide artwork from noon to 4pm. A Seder ceremony with light meal will be guided by Rev. Steven Greenebaum beginning at 5pm. Individuals will be invited to read specially chosen words during the ceremony. We welcome volunteers to help with set up, food preparation and, of course, clean up. Our Seder meal may consist of potato latkes, applesauce, salad, vegetables. The menu depends upon volunteer commitments.

Let us know if you desire to join us!  
Contact: Karen at 206.783.1618.

## Reflections on the Life of the Spirit

We have a wonderful opportunity to assist the children of our community develop spiritually through our **Sunday morning Interfaith Inter-spiritual Children's Classes**. We are now in our fourth year offering the class focused upon three spiritual principles: the Oneness of God, the Oneness of Religion and the Oneness of Humanity.

Our community needs to grow our offerings for children and families if we want to grow as a spiritual community. This is a valid reason to support the Children's Classes, but we also desire to continue with the inspiration from the Seeds of Compassion that began last spring. Classes offer a curriculum of Compassion for children and their parents.

A collaborative study class for adults to understand the spiritual foundation of these classes is offered on Sunday morning in the Lavender Room noon to 1pm. Graduates may assist the teacher with the Sunday morning Children's Classes – or be a substitute teacher. Or simply be informed and knowledgeable and help spread the word to families with children. Classes are also open to everyone who would like to support the spiritual education for children as offered through Interfaith Community Church. Our first collaborative study class will be **"Reflections of the Life of the Spirit,"** our second will be **"Teaching Children's Classes, Grade 1."**

## "Spiritual Direction in the Qur'an" Jamal's Spring Class

Join **Jamal Rahman** for this seven week class focused upon Qur'anic verses, Hadith, Teaching Stories, with Hafiz and Rumi poetry. This class is open to everyone!

Our time together will be spent developing ourselves in the following areas of Insight:

**Awareness** "Know thyself and you shall know thy Sustainer." [Hadith]. **Balance** "Guide us on the straight path." [Qur'an 1:5]. **Community** "Ah! What a beautiful fellowship." [Qur'an 4:69].

**Compassion** "In the Name of God, Boundlessly Compassionate, Infinitely Merciful." [Qur'an].

**Remembrance** "Truly in Remembrance of God do hearts find rest." [Qur'an 13:28]. **Service** "Help God!" [Qur'an 47:7].

And the Art and Practice of:

Compassion for self,  
Forgiving self and others,  
Healing pains and losses,  
Manifesting joy,  
Creating authentic community,  
Praying with increased necessity,  
Working in invisible realms.

Tuition: \$99.00.

To Register, contact Jamal directly at home: 206.633.0150 or email [jamalrah@yahoo.com](mailto:jamalrah@yahoo.com).

*Sanctuary definition ; a sacred place, the holiest part of a sacred place, a place of safety and refuge, a wild place...*

## Interfaith Worship Series 2009

Our **Interfaith Worship Series**, created by Rev. Karen Lindquist in 1998, is designed to highlight a diverse faith or spiritual tradition and to honor that tradition. These worship celebrations are offered on the first Sunday each month. Below are the Dates, Message Titles and Presenters for 2009: April 5: **"Dances of Universal Peace ~ From New Age to Now"** with Yanadevi Viniko. May 3: **"Sufism: Ancient Practices for Contemporary Life"** with Michael Douglas. June 7: **Acacia Foundation** with Gulseren & Osman Senkaya. July 6: **"Co-creating A World of Hope"** with Darlene Harris & Karen Lindquist. August 2: **"Treasure Beyond Measure" Contemplative Practices for Deepening in Everyday Life** with Tim Malone, M.Div. September 6: **"Theosophical Society"** with Linda Jo Pym & Friends. October 4: **"The Concepts & Practice of A Course In Miracles"** with Chris Holland. November 1: **"Pantheism: Everything in God and God in Everything"** with Tony Salvata. December 6: **"Light In the Darkness"** with John Marquez.

Co-sponsored by The Interfaith Network of WA [www.interfaithcouncil.com](http://www.interfaithcouncil.com).

## Sacred Music for Peace with Shanti Shivani & Friends

**Sacred Music for Peace ~ Hindustani Dhrupad Vocal Music and Hindu, Buddhist, Sufi, Gregorian Chants with Shanti Shivani and Friends.**

Thursday evening April 9th 7:30pm in the Sanctuary. Suggested donation \$15 at the door. Shanti Shivani will be joined by Chaz Hastings (tabla, dombek, frame drum) and Yanadevi (instrumentals, vocals). Shanti is one of the few Western pioneers bringing the sacred traditions of Nada Yoga (yoga of sound) and Dhrupad, the most ancient style of Hindustani classical vocal music, to the West. She brings a wealth of vocal, meditative, movement and experience to her classes and performances.

Shanti has been performing in concert and at festivals such as the World Sacred Music Festival in Los Angeles since 1989. She has several albums to her credit and has been recording as a solo artist and in collaboration with many World Music artists since 1997. Shanti is currently living in Eugene, Oregon. For more about her, please visit <http://www.shantishivani.com>. For reservations, please call: 425.427.0038.

*"He who knows the secret of the sounds knows the mystery of the whole universe." - Hazrat Inayat Khan*

## Soldier's Heart—Veteran's Return and Healing Project

**Soldier's Heart** is a national veteran's return and healing project addressing the emotional and spiritual needs of veterans and their families and communities. Soldier's Heart promotes and guides community-based efforts to heal the effects of war based on strategies developed by Dr. Edward Tick, author of the book **War and the Soul**. ([www.soldiersheart.net](http://www.soldiersheart.net))

**Fundraiser: Join us for a special event!**

**Film viewing and panel discussion with veterans.** "A Soldier's Heart," is an independent film written and directed by Brian Delate, Vietnam Veteran and student of Dr. Tick. **Friday, April 10th at 7:00 PM at Town Hall Seattle** (8th & Seneca). Read more about the film at [www.restoreoursoldiers.com](http://www.restoreoursoldiers.com). **This event is free and open to the public.**

*A free-will offering will be requested to raise scholarship funds for veterans.*

**Soldier's Heart Seattle (SHS)** is a small, interfaith, non-profit organization comprised of veterans, family members, and community members concerned about the traumatic effects of war on veterans, families and communities. It is recognized that almost 30% of Iraq returnees have symptoms of Post Traumatic Stress Disorder, which include suicide, depression, unemployment, substance abuse, violent outbursts, intimacy difficulties and more. PTSD affects not only our veterans but also their families and communities. It is for this reason that we are working on ways to educate and inform the general public about the psycho-spiritual needs of veterans, and to address these needs as a community. Our

work also involves forming book discussion groups, listening circles, and movie discussion groups.

Dr. Tick has returned to Seattle every year since his book was published in 2005 to work with our veterans and community members. **Soldier's Heart Seattle** is currently making plans for his visit in April. He will be speaking at South Seattle Community College on Monday, April 27, and will be offering a training workshop at Antioch University on Tuesday, April 28th.

**Ed and his partner Kate Dahlstedt will also be offering a 3-day training and healing retreat on Orcas Island at Camp Indralaya from Thursday evening, April 30 through Sunday May 3rd.**

For more info, email Sally Jo Gilbert de Vargas at [sallyjogilbert@gmail.com](mailto:sallyjogilbert@gmail.com), or call 206-420-2723.

A Request: Please **always park in the parking lot** before parking on the street. Our neighbors Thank You!

"Creating cultures of peace, justice  
and healing for the Earth and  
all living beings."

# APRIL 2009

INTERFAITH COMMUNITY CHURCH  
1763 NW 62nd Street  
Seattle, WA 98107  
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Room Key</b> [F] Fellowship Hall [S] Sanctuary [L] Lavender Room [C] Consultation Room *Asterisk indicates a rental or closed gathering	<b>Cost</b> Most gatherings request a 'Love Offering' of \$5-10.  <i>Some classes cost more and require pre-registration indicated in italics with this symbol: \$</i>		<b>1</b>  Red Cedar Circle 7-9PM [F]	<b>2</b>  7-9 *Blush of the Beloved II [F] \$	<b>3</b>	<b>4</b>
<b>5</b> 10am Worship Yanadevi Viniko "Dances of Universal Peace..." Noon: Universal Worship [S] "Reflections" [L] CORNERSTONE Mtg	<b>6</b> \$Join Karen for Esta'furullah Zikr 7:30PM Ballard Odd Fellows Hall 1706 NW Market St.  *Blush Beloved I 7pm \$ [F]	<b>7</b>  A Course in Miracles Study Group 7-9PM [L]	<b>8</b>  Red Cedar Circle 7-9PM [F]	<b>9</b>  Shanti Shivani, Yanadevi & Friends Concert 7:30pm [S] \$15	<b>10</b>  <i>Film &amp; Dialogue at Town Hall for SHS 7pm</i>	<b>11</b> Our 24 Hour Prayer Vigil begins at <u>noon</u> . Silent prayer in ICC Sanctuary, Art in Fellowship Hall noon-4pm, Seder Meal 5-7pm.
<b>12</b> 10am Worship Rev. Debra Lajimodiere Easter Service Children's Class [L] No Guiding Council No Reflections Class	<b>13</b>  7:00—9:00 *Blush of the Beloved I [F] \$	<b>14</b>  Choir Practice 7pm [S]	<b>15</b>  Red Cedar Circle 7-9PM [F]	<b>16</b>  7-9 *Blush of the Beloved II [F] \$	<b>17</b>	<b>18</b>
<b>19</b> 10amWorship: Jamal out of town Sanskrit Chanting is featured. Children's Class [L] POTLUCK Noon: "Reflections on the Life of the Spirit" [L]	<b>20</b>  7:00—9:00 *Blush of the Beloved I [F] \$	<b>21</b>  Rev. Steven Greenebaum in ICC Consultation Room 4-6:30PM Choir Practice 7pm [S]	<b>22</b>  \$"Spiritual Direction in the Qur'an" Jamal's 7 week spring class 7-9pm [LR]  Red Cedar Circle 7-9PM [F]	<b>23</b>  7-9 *Blush of the Beloved II [F] \$	<b>24</b>	<b>25</b>
<b>26</b> 10 Worship "The SHOAH" Rev. Steven Greenebaum Children's Class [L] Noon: "Reflections on the Life of the Spirit" [L].	<b>27</b>  7:00—9:00 *Blush of the Beloved I [F] \$	<b>28</b>  World Chants 7:15PM	<b>29</b>  \$"Spiritual Direction in the Qur'an" 7-9pm [LR]  Red Cedar Circle 7-9PM [F]	<b>30</b>  7-9 *Blush of the Beloved II [F] \$		<b>"ALL THINGS SPIRITUAL"</b> We will be offering a monthly, lightly guided, small group discussion on all things Spiritual beginning <b>Tuesday, May 5th, 7:30 pm.</b> We will continue meeting on the first Tuesday each month thereafter.

Please, use hair products, personal products, perfumes and essential oils sparingly when attending gatherings. Our chemically sensitive individuals thank you!

**INTERFAITH COMMUNITY CHURCH**  
**1763 NW 62nd Street**  
**Seattle, WA 98107**  
**206.783.1618**

“A Center of Light of all Seekers of Divine Wisdom”

Email: [InterfaithCommunityChurch@yahoo.com](mailto:InterfaithCommunityChurch@yahoo.com)  
 Website: [www.InterfaithCommunityChurch.org](http://www.InterfaithCommunityChurch.org)

Our Spiritual Focus for 2008:

**“...Creating Cultures of Peace, Justice  
 and Healing for the Earth and  
 All Living Beings.”**

**Our Mission:** *To create a home of Love and Truth as a center of light for all seekers of divine wisdom.*  
**Our Goal:** *To encourage personal growth in unconditional spiritual love.*

### Cornerstone Circle Meeting

**Interfaith Community Church's Cornerstone Circle** is meeting Sunday 4/5 after service at 11:45am-1pm in the Fellowship Hall. Here church members are invited to be informed, share and participate in our historic church's physical well-being and maintaining this valuable asset for ourselves and our community. Our success depends on you, our members and interested friends who support us in many ways, including volunteering for work parties, fundraisers and by financial contributions, especially through our RootStewards program. We hope you will join us!

### Our Vision

We are a truly interfaith community dedicated to healing and education.

We desire our Worship Celebrations and the life of the community to reflect our interfaith openness and welcoming spirit.

Through our openness, welcoming spirit, and mutual respect, we are a center for healing.

### We Believe Interfaith Includes the Following:

We consider all faith and spiritual traditions as paths toward One God.

We believe each expression of God valuable.

We honor all expressions of God.

We welcome individuals from all faith and spiritual traditions.

We consider each person's path valid for him or her.

We honor the personal path of each sincere, open, honest seeker.

### We Offer the Following Affirmations:

We seek the truth and speak our truth without fear.

We are open to hearing and learning from each other.

We reflect on our interfaith vision and nurture it in our hearts.

We pray for the realization of our interfaith vision!

## ONGOING 'DROP-IN' GATHERINGS

### WEEKLY GATHERINGS:

**RED CEDAR CIRCLE: Wed. eve 7-9 PM**  
 Gatherings include song, dance, story, teaching, and ceremony of the Pacific Northwest Coast Spiritual Tradition called “SiSiWiss” meaning “Sacred Breath.” Bring drums, rattles, etc. and dress comfortably. Facilitator: Laurel Boucher & Johnny Moses. Donations gladly accepted for the sacred space and for the teachings. 206.312.6181.  
*For more information, visit website: [www.redcedarcircle.org](http://www.redcedarcircle.org).*

**REFLECTIONS on the LIFE of the SPIRIT:**  
 Collaborative Study facilitated by Bill Griffith held weekly on Sundays in LR Noon to 1:00pm. This collaborative study is a pre-requisite for assisting the Sunday morning interfaith and interspiritual children's classes. Course description:  
**To develop** the capacity to read the sacred writings and meditate on their meanings.  
**To develop** the required attitudes of prayer and its great importance.  
**To understand** that life is not the changes and chances of this world and its true significance is found in the development of the soul.

**SPIRITUAL DIRECTION IN THE QUR'AN:**  
 New spring class with Jamal Rahman. See page 2 this issue for more info. [L]

### 2X MONTHLY GATHERINGS:

**A COURSE IN MIRACLES: First & third Tuesday evenings 7:00 PM.** Ongoing study group for variety of course related topics. All are wel-

come whether you are new to the course or a long time student. No fees or dues, Love offering for ICC. [L] *For more info, contact circle facilitators Theressia 206.999.6987 [theressia@rosehedge.org](mailto:theressia@rosehedge.org), or Jonathan 206.713.1237 [jonathanvanvalin@hotmail.com](mailto:jonathanvanvalin@hotmail.com).*

### ICC CHOIR:

Celebrate with song! Join us. The choir will rehearse Tues. April 14 & 21 from 7:00-8:30PM, and sing on Sunday April 26. Choir Director Steven Greenebaum may be reached at home: 425.778.2152, or through email: [steven.greenebaum@verizon.net](mailto:steven.greenebaum@verizon.net). *Visit his website at: [www.livinginterfaith.org](http://www.livinginterfaith.org).*

### MONTHLY GATHERINGS:

**UNIVERSAL WORSHIP: offered every month on the First Sunday at Noon in our Sanctuary with Cherag Michael Douglas: Sunday, April 5th.** “The Universal Worship celebrates the unity and equality of all religious faiths on one altar...” *Michael may be reached at: 206.769.1980 [icons@speakeasy.net](mailto:icons@speakeasy.net).*

**WORLD CHANTS: Fourth Tuesday each month 7:15-9:00PM (April 28th).** Celebrate our connection to spirit through the ancient practice of devotional singing. Everyone is welcome and vocal skill is not important ~ an open heart is! The evening is hosted and accompanied by musician-celebrant **Yanadevi Viniko** and friends. Suggested donation of \$5 will benefit the ICC Chant and Song Book Project. *For more info, contact Yana [yanadevi@gmail.com](mailto:yanadevi@gmail.com).*

## Volunteering at I.C.C.

*What Inspires you about the Interfaith Community Church?*

*How do you envision yourself becoming involved?*

**Have you Considered:**

- Attend our monthly Guiding Council circle dialogues.
- Arrive early on Sunday morning to meet and greet arriving congregants!
- Arrive early to help with set up of the Sanctuary for worship. Spend a few minutes after worship refreshing the Sanctuary for the next worship gathering.
- Help with hospitality on Sunday mornings; set-up, clean-up, restoring kitchen for the next social gathering.
- Deliver the food bank collection to the Ballard Food Bank!

*“Awake, thou wintry earth —  
 Fling off thy sadness!  
 Fair vernal flowers, laugh forth  
 Your ancient gladness!”  
 ~ Thomas Blackburn (An Easter Hymn)*

To receive email announcements about our gatherings, send an email to: [interfaithcommunitychurch-subscribe@yahoogroups.com](mailto:interfaithcommunitychurch-subscribe@yahoogroups.com)